# Suicide Prevention & Mental Health Resources: Richmond County

Whether you are seeking mental health support for yourself or others, there are a variety of local and national resources that are here to assist you. There is hope, there is help, and you are not alone. Please make good use of your resources!

If you are in an immediate crisis, please call 911. You may request a Crisis Intervention Team (CIT) officer if one is available.



**FOR VETERANS** PRESS 1

**EN ESPAÑOL OPRIMA EL 2** 

## In Crisis:

# **Georgia Crisis and Access Line** Call 1-800-715-4225 / Text 1-877-216-5062

Online chat option also available through the MyGCAL App for free on GA COVID-19 Emotional Support Line Apple and Android.

### **Crisis Text Line**

**Text HOME to 741741** to chat with a Crisis Counselor for free, 24/7.

# **Community Mental Health Resources:**

#### **AmericanWork**

Provides services for children, youth, adults, and families seeking mental health and/or substance use recovery.

#### 912-638-0350

1727 Wrightsboro Road, Suite B, Augusta, GA 30904

**Augusta Outpatient Location** 

706-736-8170

1727 Wrightsboro Road, Suite B, Augusta, GA 30904

Augusta ACT Team Location

706-364-9730

1727 Wrightsboro Road, Suite A, Augusta, GA 30904

Augusta Peer Center Location

706-364-9037

1341 Druid Park Avenue, Augusta, GA 30904

https://www.pathways.com/georgia

## Augusta University Psychiatry & Health Behavior

Provides services to children through adults seeking mental health support and recovery.

706-721-6597

997 St. Sebastian Way, Stoney Building, Augusta, GA 30901 https://www.augusta.edu/mcg/psychiatry/

## **Additional State & National Resources**

Provides 24/7 free and confidential assistance to callers needing emotional support or resource information as a result of the COVID-19 pandemic.

866-399-8938

## Peer2Peer Warm Line

Provides Georgians the opportunity to receive peer support over the phone 24 hours a day. 888-945-1414

https://www.gmhcn.org/peer2peer-warmline

## **CARES Warm Line**

Call or text every day 8:30am-11:00pm to receive peer support regarding substance use challenges from people with lived recovery experience.

Call or Text 844-326-5400

http://gasubstanceabuse.org/cares-warmline/

## **National Helpline**

24/7 treatment referral and information service for people living with mental health and/or substance use challenges.

800-662-HELP (4357)

https://www.samhsa.gov/findhelp/nationalhelpline

## **National Domestic Violence Hotline**

24/7 service providing free and confidential support, crisis intervention, education, and referrals for survivors of domestic violence.

800-799-SAFE (7233)

https://www.thehotline.org/

## Quality Care & Advocacy Group, Inc.

Provides individual, group, and family counseling and psychiatric care. 24/7 support for LGBTQ young people up to 762-994-0140

1394 Laney Walker Blvd., Augusta, GA 30901

http://qcag.org/

# Focus on Recovery - Augusta

A nonprofit Recovery Community Organization in Augusta, GA, serving American Foundation for Suicide Prevention people in or seeking recovery from substance use disorders and other <a href="https://afsp.org/">https://afsp.org/</a> mental health challenges.

706-945-0290

https://www.foraugusta.org/

## **Lighthouse Care Center of Augusta**

Inpatient psychiatric care for children and adolescents.

706-651-0005

3100 Perimeter Parkway, Augusta, GA 30909

www.lighthousecarecenters.com

# **Serenity Behavioral Health Systems Augusta Behavioral Health Clinic**

Provides mental health treatment and recovery support for all ages of individuals living with behavioral health and/or developmental disabilities.

706-432-4800

3421 Mike Padgett Highway, Augusta, GA 30906 http://www.serenitybhs.com/

# Still Waters Professional Counseling Services, Inc.

Provides services for individuals and families recovering from behavioral, psychological, or emotional challenges, addictions, or loss.

706-955-9224

3711 Executive Center Dr., Augusta, GA 30907

https://stillcorp.com/

# **Transitional Family Services**

Offers individual, group, relationship, and couples therapy for adults and therapy for children and adolescents four years old and up. Also offers psychiatric services.

706-364-1404

3643 Walton Way Ext. Suite 4, Augusta, GA 30909

https://tfsga.org/



## The Trevor Lifeline

age 25. Online chat option also available.

Call 866-488-7386

**Text START to 678-678** 

thetrevorproject.org

# **National Alliance on Mental Illness**

nami.org

## **ULifeline**

Online resource for college mental health. ulifeline.org

# **Psychology Today**

Click on the "Find a Therapist" dropdown in the top toolbar to locate therapists in your area. You may also search according to your specific challenges, insurance, preferred type of therapy, and more.

https://www.psychologytoday.com/us

